The World on Plate

## Arroz Chaufa, Peru

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## **INGREDIENTS**

## CHICKEN AND RICE MIXTURE:

2 c boneless chicken thighs, diced into cubes 5 eggs scrambled then roughly chopped 2½ c cold cooked white rice ½ c onions, diced 2 garlic cloves, minced 1 red bell pepper, diced 1 tbsp fresh ginger 1/2 c green onions, sliced salt and pepper to taste 3 tbsp vegetable oil soy sauce MIXTURE: 1/8 c soy sauce 1/4 tsp sesame oil 2 pinches cumin 1 pinch sugar

## PREPARATION

- 1 Heat the oil in a large skillet over medium-high heat.
- 2 Add the red bell peppers and onions. Sauté until softened, about 6 minutes.
- 3 Right before the pepper and onions are done, add the fresh ginger and green onions and sauté for 1 minute.
- **4** Add the chicken and thoroughly mix. Cook until chicken is cooked through.
- 5 Add half the rice into the skillet. Mix well, then add the rest of the rice. Mix well. Add the soy sauce mixture and mix.
- **6** Add the chopped scrambled eggs. Toss. Season with salt and pepper.